



# The Messenger

July 19, 2023  
Volume 55, Issue 28

*A weekly publication of Laurel Heights United Methodist Church*

Dear Church-

I am back after a wonderful time away! Jim and I were able to reschedule and take our trip to Spain that we were supposed to take last summer. Walking the Camino de Santiago was something that has intrigued me for many years. I was curious what it would be like to follow in the footsteps of people who have made this pilgrimage since the 8<sup>th</sup> or 9<sup>th</sup> century. The original pilgrims walked to the cathedral at Santiago de Compostela typically to repent. They would gather scallop shells on their journey to demonstrate to the priests how far they had walked.

We walked anywhere from 10-18 kilometers each day, (115 kilometers in total), through this very rural part of Spain, from Sarria to Santiago. Signs with the scallop shell and arrows guided us along the right path. The scenery was stunning. The food was excellent. The people were incredibly kind. They have adopted the idea that by offering hospitality to the pilgrims they are offering hospitality to Christ. Within just a couple of days, Jim and I found ourselves saying, "The next time we do this..." We are excited to bring all that we have learned and return to this beautiful place to walk once more!

A big thank you to everyone who helped during our absence. This time away was such a gift to both of us and we look forward to sharing many more stories of our journey with you starting with my sermon this Sunday.

Buen camino!

Pastor Lisa



## Church Calendar

### Wednesday, July 19

9:00 a.m. Exercise Class - *Room 312*

10:00 a.m. Property Comm. Mtg. - *Parlor*

5:30 p.m. Bible in 90 Days Small Group  
*Laurel Rm*

### Thursday, July 20

9:00 a.m. Church Mice

6:00 p.m. Tai Chai Class - *Room 312*

### Friday, July 21

9:00 a.m. Exercise Class - *Room 312*

### Sunday, July 23

9:00 a.m. Come and See Worship  
*Sanctuary*

9:30 a.m. Fellowship Time - *Fellowship Hall*

10:00 a.m. Intergenerational Summer  
Sunday School - *Fellowship Hall*

11:00 a.m. Worship - *Sanctuary*

6:30 p.m. Bible in 90 Days - *Zoom*

### Monday, July 24

9:00 a.m. Exercise Class - *Room 312*

10:30 a.m. Bible in 90 Days Small Group  
*Laurel Rm.*

### Tuesday, July 25

10:00 a.m. Staff Meeting

### Wednesday, July 26

9:00 a.m. Exercise Class - *Room 312*

5:30 p.m. Bible in 90 Days Small Group  
*Laurel Rm*

LHUMC YOUTH  
**LET'S PLAY!**

**PICKLEBALL & LUNCH  
WITH TRAVIS PARK  
UMC YOUTH**

**JULY 29,  
11 AM-1 PM CHURH  
LHUMC GYM**

**CONTACT: WYNDEE HOLBROOK  
859-200-9880**

LAUREL HEIGHTS  
UNITED METHODIST CHURCH  
OPEN HEARTS. OPEN MINDS. OPEN DOORS.

LAUREL HEIGHTS  
UNITED METHODIST CHURCH

**PLANNING  
AS WE AGE**

**JULY 30, 2023  
AT NOON**

This will be an informational and insightful presentation by some of our own members about planning as we move through life.



# Sunday Worship Services

**Come and See...**

July 23, 2023

**Eighth Sunday of Pentecost**

**9:00 a.m. Worship Experience**

**Sermon: Rev. Wyndee Holbrook**

**Liturgist & Song Leader: Beth Thomas**

**Fellowship Gathering**

9:30am to 10:00am

**Fellowship Hall**

Coffee, Tea & Light Refreshments

Thank you to the Everywoman's Class

for providing refreshments

for Sunday, July 23.

**Intergenerational**

**Summer Sunday School**

**Fellowship Hall**

**10:00 a.m. to 10:35 am.**

**Worship / 11am / Sanctuary**

The 11 am service is live-streamed at:

[www.laurelheights.org/online-worship/](http://www.laurelheights.org/online-worship/)

and on our Facebook page

[www.facebook.com/LaurelHeightsUMC](http://www.facebook.com/LaurelHeightsUMC)





# LAUREL HEIGHTS FLAT JESUS ADVENTURES

Our hashtag **#lhumcflatjesus** will allow you to share the adventures of your Flat Jesus with the Laurel Heights online community. If you aren't on social media, check out the Flat Jesus Map on the bulletin board located next to Scott Chapel.

Flat Jesus is staying very busy this Summer!!!! Remember to Keep Jesus in your heart and in your backpack this summer and share your adventures with us!

## LHUMC Youth

### Upcoming Events

**BARBIE  
MOVIE  
SUNDAY  
AUGUST 6**

**SAVE THE DATE!  
MOMS & DAUGHTERS  
OF ALL AGES**

**SEE THE MOVIE BEFORE YOU  
COME FOR  
BARBIE SNACKS & DISCUSSION  
WITH PASTOR LISA  
8/6/23 @ 3:30  
LHUMC**

**LHUMC  
YOUTH  
ON  
MISSION**

**SAVE THE  
DATE!  
SATURDAY  
AUGUST 12  
10 AM-2PM**

**WE'RE HOSTING A  
LUNCH PARTY AT  
TOWNE TWIN  
VILLAGE FOR  
NEWLY HOUSED  
SENIORS**

**ALL ARE WELCOME!  
RSVP TO WYNDEE**

## PRAYER REQUESTS

Friends, you will notice the way we share joys and concerns appears different this week. We strongly value each person's privacy and will no longer list any prayer request without the explicit permission of the person involved (or their guardians). The pastors will maintain a private prayer list, that will not be made public and will be prayed for by our Prayer Team. If you are interested and would like more information on Prayer Team training, please reach out to us.

Thank you for your consideration as we make this transition.

If you have questions, please don't hesitate to contact Pastor Lisa or Pastor Laura.

### JOYS AND CONCERNS

#### *Healing:*

Lucien Manchester

Sonny Landers

Richard Parrigan

Natasha Garza

Stacey Halim

Bert Clayton

Annalynn Jackson

Billie Arredondo

#### *God's Presence:*

For those affected by the COVID-19 virus and homebound members; the incarcerated; and women and men in our military.

**Lord, in your mercy,  
hear our PRAYER**

You can offer a prayer of gratitude  
or concern by emailing [prayers@mylhumc.org](mailto:prayers@mylhumc.org),  
through [Facebook Messenger](#),  
or calling the church office (210) 733-7156.



# Happy Birthday

7/20

Travis Clay Campbell  
Delores Carson  
William (Bill) Myers  
Victoria Salazar  
Sammy Stange

7/21

Patrice Law  
Samuel Parsley

7/22

Drayton Bodner

7/23

Joseph Barfield

7/24

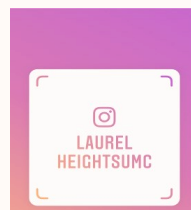
Enzo Marrone  
James Moss

7/25

Carly Bailey  
Chris Heinrichs  
Annalyn Jackson  
Laurel Welch

*Are we missing  
your name  
on the birthday list?  
Please notify the  
church office  
at 210-733-7156 so we  
can update our rec-  
ords.  
We don't want to  
miss anyone!*

## Follow Us On Social Media



<https://www.facebook.com/LaurelHeightsUMC>

**Sanctuary Offering**

**Online Giving**  
Please visit our website:  
<http://www.laurelheights.org/give/>

**MANY WAYS TO GIVE AT LAUREL HEIGHTS UMC**

**Text to give:**  
"LHUMC" 73256

**Or use our QR code**

<http://www.laurelheights.org/give/>

### Church Office Hours

9:00am to 4:30pm

Monday through Friday

### Contact Us

210-733-7156

### Laurel Heights Staff

Rev. Lisa Straus, Senior Pastor	<a href="mailto:lstraus@mylhumc.org">lstraus@mylhumc.org</a>
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