



The Messenger

November 13, 2024
Volume 56, Issue 50

A weekly publication of Laurel Heights United Methodist Church

Last week, Pastor Laura kicked off our current sermon series: *Anxious for Nothing*. At our 9:00 worship service, I noticed two women whom I did not recognize. I introduced myself and asked them how they heard about Laurel Heights. As it turns out, they live in the neighborhood and saw our signs advertising THIS sermon series. They decided it was something they needed to check out for themselves!

Uncertainty and chaos can keep all of us all awake at night; anxiety can often feel like an unwelcome, constant companion. But when we invite God into those unsettling spaces, God helps us win the battle against worry and leads us toward the lasting peace found in Christ. This November, our new sermon series, *Anxious for Nothing*, will offer guidance for overcoming anxiety and finding healing. Each week, we will explore parts of Philippians 4:4-9, one of the Bible's most highlighted passages:

“Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Finally, beloved, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.”

Whether you are reeling from the campaign and election cycle, overwhelmed facing the holidays, or if life feels overwhelming for whatever reason, join us this November as we discover how to experience God's peace—a peace that goes beyond human understanding.

In peace -

Pastor Lisa Straus

Anxious for Nothing A New Sermon Series Sundays, Nov. 10-24 @ Laurel Heights UMC





WALK TO
EMMAUS
THE UPPER ROOM®

Dear Friends,

The Laurel Heights United Methodist Church Emmaus Community cordially invites all who have been on the three-day Walk to Emmaus (or are interested in learning about the Walk), to join us this Sunday, November 17, 2024, at 12:15 p.m., following worship in the LHUMC Fellowship Hall for a Potluck Lunch, fellowship, singing and worship to get acquainted with each other and sharing God's Love!

We believe with the Lord's help and your participation; all things are possible. So, plan to join us as we continue our Fourth Days of this loving, worshipping adventure following our Lord and Savior Jesus the Christ!

Questions? Call or text David Smith at: 210-844-4991 or email at: smithde9@sbcglobal.net.

De Colores!

David

David E. Smith

210-844-4991 cell

210-494-0022 home

Join the Laurel Heights Emmaus Community
Sunday November 17th at 12:15 p.m.

LHUMC Fellowship Hall

Potluck Lunch, Fellowship, Singing and Worship

All are Welcome so - -Y'all Come!

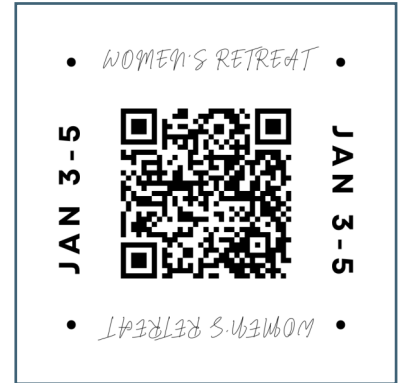


Women's Retreat
 Mustang Island Retreat Center
 Jan 3-5, 2025
 \$200 per person

Register at [Women's Retreat 2025 - Laurel Heights United Methodist Church](#) or scan the QR Code.

After the holidays, time for YOU! Rest, relax, & re-new at the 2025 Women's Retreat!

Contact Laura Healy for more information
 (210)733-7156.



hello NOVEMBER
 Laurel Heights United Methodist Church
 2024

S	M	T	W	TH	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

- 3 Daylight Savings Ends (Fall Back 1hr)
- 9 Christian Assistance Ministry 9 AM - 12 PM
- 17 Young Family Lunch & Youth Hangout 12:00 PM - 2:00 PM
- 28 Thanksgiving Day (office closed)

HAPPY Thanksgiving
 Young Family Calendar of Events

Save the Date

On Saturday November 16, 2024 Laurel Heights UMC Organist, Melanie Randall, will be performing an organ recital at 5:30 p.m. in the Sanctuary.

Doors open at 5:00.

All are welcome!





Hanging of the Greens LAUREL HEIGHTS *Festival*

**Saturday, December 7th
from 2pm-4pm**

Christmas is such a special time of year – a time of **celebration, family, and the birth of Jesus**. With this in mind, you are invited to join us as we decorate the church for the Christmas season. There will be jobs for every skill level. Children will be in the fellowship hall decorating cookies, writing letters to Santa, making ornaments, and decorating a Christmas tree. Adults will be decorating the sanctuary and creche. Please contact the church office for more information 210-733-7156

**Mr. and Mrs. Claus will make an appearance &
Parents Night out will follow this event (4pm-7pm)**

To sign up please visit <https://www.signupgenius.com/go/10C0B4FAEAA23A6F5C43-52664619-hanging> or scan the QR code.



Laurel Heights Aug

YOUTH



Sept



Oct

What's Next?

Youth Group: 11/17 &
12/8 12PM - 2PM

CAM: 12/14

MidWinter Retreat
2/21-2/23

For more information
contact Katie Myers
(210)587-5498

Church Calendar

Wednesday, November 13

7:00 p.m. Choir Rehearsal - *Choir Room*

Thursday, November 14

9:00 a.m. Church Mice

6:00 p.m. Tai Chi Class - *Room 312*

Friday, November 15

9:00 a.m. Exercise Class - *Room 305*

Saturday, November 16

5:30 p.m. Organist Melanie Randall, Organ Recital

Sunday, November 17

9:00 a.m. Worship Service- *Sanctuary*

9:30 a.m. Fellowship Time

10:00 a.m. Sunday School

11:00 a.m. Worship Service - *Sanctuary*

12:00 p.m. Emmaus Gathering - *Fellowship Hall*

12:00 p.m. Young Family Gathering

12:00 p.m. Youth Gathering - *Youth Lounge*

Monday, November 18

9:00 a.m. Exercise Class - *Room 305*

10:00 a.m. Quilt Group - *Room 306*

5:30 p.m. Finance Committee Meeting - *Parlor*

Tuesday, November 19

9:30 a.m. Staff Meeting - *Laurel Room*

10:00 p.m. Library Committee Meeting - *Library*

8:00 p.m. Stewardship Meeting - *Zoom*

Wednesday, November 20

10:00 a.m. Property, Building & Grounds Mtg

7:00 p.m. Choir Rehearsal - *Choir Room*

Thursday, November 21

9:00 a.m. Church Mice

10:00 a.m. Super Adult Day - *Fellowship Hall*

6:00 p.m. Tai Chi Class - *Room 312*

Friday, November 22

9:00 a.m. Exercise Class - *Room 305*

Sunday, November 24

8:00 a.m. United Women in Faith Bake Sale

9:00 a.m. Worship Service- *Sanctuary*

9:30 a.m. Fellowship - *Fellowship Hall*

10:00 a.m. Sunday School

11:00 a.m. Worship Service - *Sanctuary*



Laurel Heights UMC

ZOOM Church Conference

(To receive the estate of Aleene Block)

Sunday, Dec. 1, 2024 @ 5pm

Immediately followed by a Church Meeting to review reports for 2024 Charge Conference

Join Zoom Meeting

<https://us06web.zoom.us/j/86935166684?pwd=lcl9ootjBlpgOaahKU9Fx2wU08wzqq.1>

Meeting ID: 869 3516 6684

Passcode: 255561

Laurel Heights UMC

Cluster Charge Conference

Sunday, Dec. 8, 2024 @ 2pm

St. Matthew's UMC

2738 MacArthur View
San Antonio, TX 78217

Laurel Heights UMC



United
Women
in Faith

Bake Sale

Nov. 24 @ 8:00a.m.

Fellowship Hall

Prayer Requests

JOYS AND CONCERNS

Healing

Lucien Manchester

Richard Parrigan

Gracie Huron

Juan Arturo Gonzalez

William Beuhler

Patrick Farmer

Pat Moss

Jay Sconyers

Brooke Herron

Glenda Sams

Bert Clayton

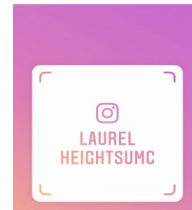


**Lord, in your mercy,
hear our PRAYER**

You can offer a prayer of gratitude
or concern by emailing prayers@mylhumc.org,
through [Facebook Messenger](#),
or calling the church office (210) 733-7156.



Follow Us On Social Media



<https://www.facebook.com/LaurelHeightsUMC>

11/13
Kelly Baker Wiese
Richie Chalk

*Are we missing
your name
on the birthday list?*

11/15
Celina Montoya

*Please notify the
church office
at 210-733-7156
so we can update our
records.*

11/16
Marina Gonzales

11/18
Cherie Burt

*We don't want to miss
anyone!*

11/19
Ann McGlone
Greyson Mitchell

Sanctuary Offering

Online Giving
Please visit our website:
<http://www.laurelheights.org/give/>

Text to give:
"LHUMC" 73256

Or use our QR code

MANY WAYS TO GIVE AT LAUREL HEIGHTS UMC

<http://www.laurelheights.org/give/>

Church Office Hours

Monday - Friday
9:00 a.m. - 4:30 p.m.



Laurel Heights Staff

210-733-7156

Rev. Lisa Straus, Senior Pastor

Rev. Laura Healy, Associate Pastor

Laura Marty, Music Director

Dr. Melanie Randall, Assoc. Dir. of Music & Organist

Angie Taylor, Dir. of Young Family Ministries

Heather Weidenbach, Administrative Manager

Hannah Ortiz, Director of Communications

Debbie Cormier, Administrative Assistant (PT)

Susan Holloway, Super Adults Director

Yvonne Garcia, Wesley Nurse

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