



# The Messenger

February 26, 2025  
Volume 57, Issue 7

*A weekly publication of Laurel Heights United Methodist Church*

## Simple Lent: A Journey Through Our Basic Beliefs

Lent is a season of reflection, renewal, and deepening our faith. This year at Laurel Heights UMC, we invite you to experience **Simple Lent**, a sermon series that will guide us through the core beliefs of our faith as expressed in the Apostle's Creed. Each week, we will explore one of these foundational statements from a United Methodist perspective, gaining fresh insight into the faith that shapes our lives.

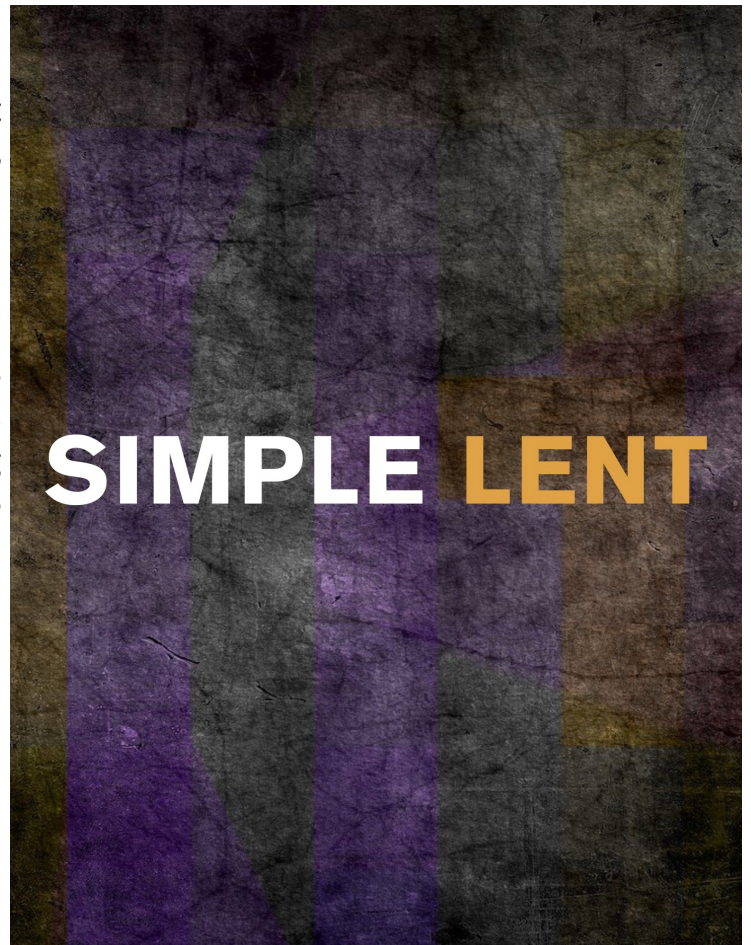
Rather than focusing on giving something up for Lent, we encourage you to adopt or renew a commitment to your faith. What would it look like to attend worship every Sunday in Lent? To reconnect with a small group that has slipped from your routine? To deepen your spiritual life by engaging in meaningful community and study?

If you do not currently have a small group and would like to join one, or if you feel called to start a new one, we would love to help! Your pastors are eager to connect you with a group where you can grow in faith alongside others.

Join us as we journey through **Simple Lent**, embracing a season of intentional faith, renewal, and discovery. Let's walk together in deepening our understanding and living out the beliefs we profess.

In Christ-

Pastor Lisa Straus





# ASH WEDNESDAY

## MARCH 5

**Ashes-to-Go**  
**8:00 - 9:30am**  
**Corner of**  
**Belknap and**  
**Mistletoe**

**Worship with**  
**Imposition of**  
**Ashes**  
**6:00pm**  
**Sanctuary**

### JOURNEY THROUGH THE SEASON OF LENT WITH THE SPIRITUAL DISCIPLINES

During our six week journey together we will discuss and practice some of the traditional spiritual disciplines. We will choose, as a group, which disciplines we will explore and then support each other and pray for each other as we practice them together. Our first gathering will focus on Prayer and the many, many ways to approach prayer in our daily lives.

We will meet on Tuesdays at 5:30 in the Parlor beginning on March 4th. **(On March 4<sup>th</sup>, we will meet at 6pm to allow time for pancakes!)**

Tuesday, March 4

Tuesday, March 11

Tuesday, March 18

Tuesday, March 25

Tuesday, April 1

Tuesday, April 8



## Church Calendar

### Wednesday, February 26

9:00 a.m. Exercise Class - *Room 305*  
 5:30 p.m. Worship Committee Meeting  
 7:00 p.m. Choir Rehearsal - *Choir Room*

### Thursday, February 27

9:00 a.m. Church Mice  
 10:00 a.m. Super Adult Day - *Fellowship Hall*

### Friday, February 28

9:00 a.m. Exercise Class - *Room 305*

### Sunday, March 2

9:00 a.m. Worship Service  
 9:30 a.m. Fellowship Time - *Fellowship Hall*  
 10:00 a.m. Sunday School  
 11:00 a.m. Worship Service  
 12:00 p.m. Welcome Committee Meeting

### Monday, March 3

9:00 a.m. Exercise Class - *Room 305*

### Tuesday, March 4

9:30 a.m. Staff Meeting  
 5:30 p.m. Pancake Supper - *Fellowship Hall*  
 6:00 p.m. Journey Through the Season of Lent  
 with Pastor Laura - *Parlor*

### Wednesday, March 5

8:00 a.m.—9:30 a.m. Ashes-to-Go  
*Corner of Belknap & Mistletoe*  
 6:00 p.m. Worship with Imposition of Ashes  
*Sanctuary*

### Thursday, March 6

9:00 a.m. Church Mice

### Friday, March 7

9:00 a.m. Exercise Class - *Room 305*

### Sunday, March 9

9:00 a.m. Worship Service- *Sanctuary*  
 9:30 a.m. Fellowship - *Fellowship Hall*  
 10:00 a.m. Sunday School  
 11:00 a.m. Worship Service - *Sanctuary*

## Finance Committee Update

Y-T-D January 2025

	Y-T-D
Contributions Received	\$ 39,382.73
Other Receipts	\$ 15,208.87
Total Receipts:	\$ 54,591.60
Total Expenses:	\$ 78,200.40
<b>Behind:</b>	<b>\$ (23,608.80)</b>

# Laurel Heights UMC

INVITES YOU TO JOIN US FOR A  
SHROVE TUESDAY

## Pancake Dinner

TUESDAY MARCH 4  
5:30PM - 7PM

Let's feast before Lent



ALL ARE WELCOME

# SUPER ADULT DAY

February 27, 2025  
Fellowship Hall

10:00 a.m. Coffee, Cookies & Conversation

10:30 a.m. BINGO

11:00 a.m. Lunch Menu: Mardi Gras Salad with Asparagus,  
Link Sausage, Red Beans and Rice Corn Bread  
Mardi Gras King Cake  
Cost: \$8.00

Mardi Gras Celebration  
with Dixieland Jazz.

Laurel Heights UMC Mission Committee

## CHRISTIAN ASSISTANCE MINISTRY (CAM)

110 MCCULLOUGH, 78215

VOLUNTEER OPPORTUNITY

**SAT. MARCH 8, 2025**

**9:00 A.M. - 12:00 P.M.**

Park between CAM & Grace Lutheran Church

Volunteers will gather at warehouse

For more information, please contact the  
church at 210-733-7156.

Scan the QR to volunteer



# *Prayer Requests*

## JOYS AND CONCERNS

### *Healing*

Lucien Manchester

Richard Parrigan

Gracie Huron

Juan Arturo Gonzalez

Pat Moss

Jay Sconyers

Bert Clayton

Ahmed Halim

Norman Roe

Elizabeth Diaz

Kay Craig

Cliff Henry

### *For those who mourn*

Glynis Hayes on the death of her sister, Beatrice.



# HAPPY Birthday

3/1  
Kelsey Shaw

*Are we missing  
your name  
on the birthday list?*

3/3  
Karen Angelini  
Genny Campbell  
Camino Martin  
Jose Mercado

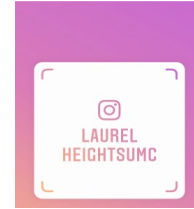
*Please notify the  
church office  
at 210-733-7156  
so we can update our  
records.*

3/5  
Mary Jo Martin

*We don't want to miss  
anyone!*



## Follow Us On Social Media



<https://www.facebook.com/LaurelHeightsUMC>

**Sanctuary Offering**

**Online Giving**  
Please visit our website:  
<http://www.laurelheights.org/give/>

**MANY WAYS TO GIVE AT LAUREL HEIGHTS UMC**

**Text to give:**  
"LHUMC" 73256

**Or use our QR code**

<http://www.laurelheights.org/give/>

## Church Office Hours

Monday - Friday 9am-4pm



## Laurel Heights Staff

210-733-7156

Rev. Lisa Straus, Senior Pastor

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Rev. Laura Healy, Associate Pastor

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Yvonne Garcia, Wesley Nurse

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