



The Messenger

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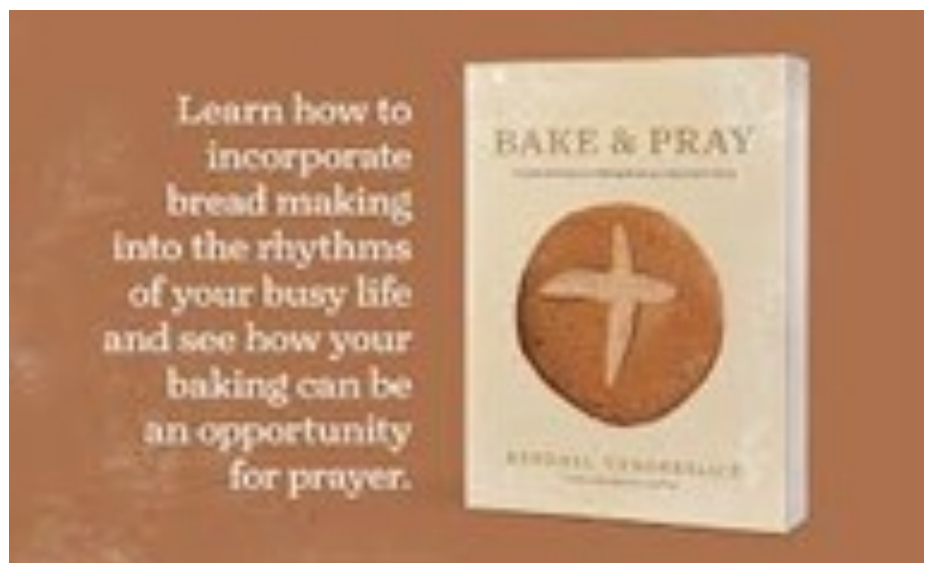
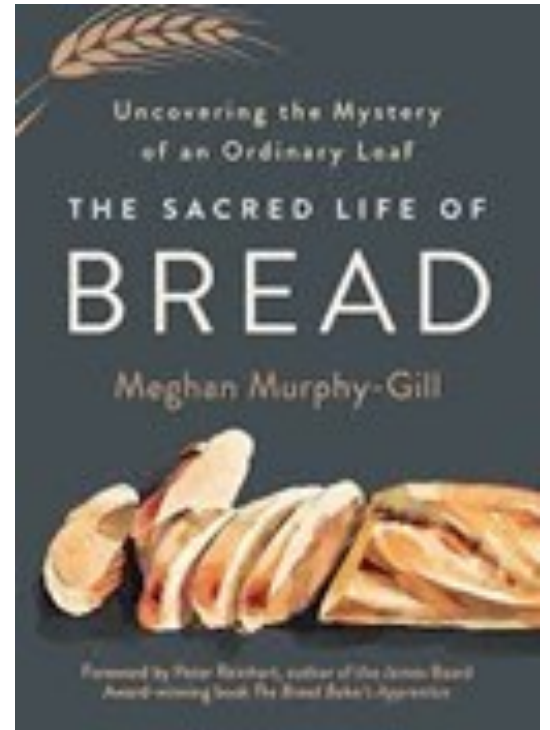
A weekly publication of Laurel Heights United Methodist Church

During October, the teaching will be focused on bread and community. Jesus as the bread of Life and how we see bread and community in scripture and what that means for us today. We'll be drawing from two books: "The Sacred Life of Bread" by Meghan Murphy-Gill and "Bake and Pray" by Kendall Vanderslice. Both of these books are available through Amazon and will make for an excellent resource for person, family, or group study.

We'll also be sharing in Holy Communion each week in October with a different liturgy and opportunities to share bread made by our church family. October 4th we'll have a bread making day together and share those loaves as part of World Communion Sunday on October 5th.

There will be many, many, events in October. Please make sure to check the bulletin and Messenger for dates and descriptions. Please begin praying for those who will attend, that they may find a church home at Laurel Heights. Begin asking God who you will invite to come with you and offer them a place of belonging.

Ready to Bake, Pray, and Love
Pastor Michelle





World Communion Prep Party!

Join us

Saturday, October 4, from 3–5 PM

for a fun bread-baking bash in the
kitchen and fellowship hall!

Bring your favorite recipe and help
us get ready for World Communion
Sunday.

Bonus

Parents' Night Out follows!

COMMUNION CHANGES

Starting in October we will offer fresh gluten free bread and individual cups for gluten free folks - we'll have a 3 communion station that serves gluten free and we are switching to white grape juice. We'll still have intinction (the one cup for dipping) for the regular bread communion stations.

We look forward to seeing you in church!





Curious about the Methodist Church?

Whether you're a youth, parent, or
adult looking to learn more, you're
invited to our

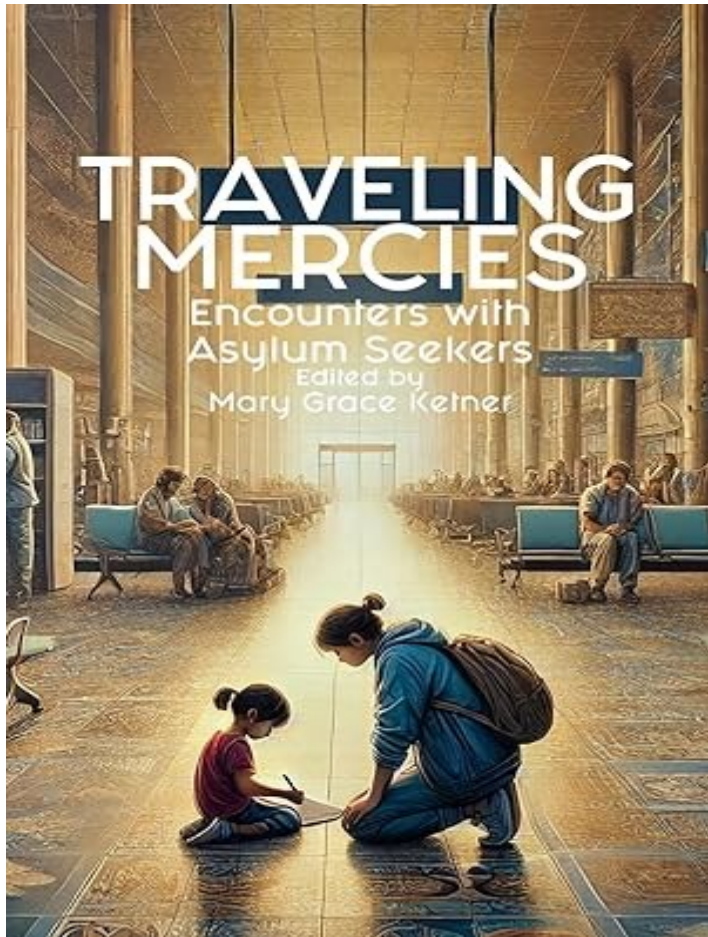
Confirmation Info Session!

When: Sunday, October 5th at 10:00 AM

Location: Room 312

Hosted by: Katie & Angie

Come pop in, grab some **popcorn**, and
discover what confirmation is all about
in a relaxed, welcoming space. We'd
love to see you there!



**Book Talk
and Lunch
October 5
12:15
Library
Room 315**

“...most of the people who complain about immigrants have never met one. We’ve met thousands.”
Editor Mary Grace Ketner, Katie Myers and fellow volunteers from Interfaith Welcome Coalition will share their stories and the book, ***Traveling Mercies: Encounters with Asylum Seekers***. Copies available in the church office.

Sponsored by Laurel Heights United Women in Faith and the Library Committee. More information: 210-844-4992.

MISSIONS COMMITTEE

How often during your busy day do you stop for even a few seconds to give thanks for all God has given you? If you are like many of us, maybe not often enough.

Last Sunday after the service the Missions Committee distributed small boxes for us to use to drop coins in over the next few months as a reminder to be thankful for what we have. Maybe you keep a stack of coins close to the box and drop one in each morning. Maybe you drop your change in at the end of the day. This is not a fundraiser. It is merely a way to remind us every day to be thankful for what God has given and continues to give us.

There will be enough for everyone to have one, including our children. Or perhaps you want only one for the whole family. Your choice. Feel free to decorate them however you choose.

The plan is for us to bring our boxes to church on a designated Sunday in December and present them on the altar. Missions will have a few suggestions for where your coins might be donated or you can choose someplace totally different. If you leave them on the altar with your recipient charity (or the church) designated, we will see that they get there.



Laurel Heights UMC

Celebrating all God's Creatures!!!

Blessing of the Animals

October 11

4:00-6:00PM





Your donation to C.A.M. matters! They are currently in need of 1 pound bags of rice. Drop them off at our C.A.M. collection spots in the church.



Welcome Desk!

We have opened the Welcome Desk but we are still in need of more volunteers!!!

As the scope of responsibilities increases for the staff, we need to be able to take other responsibilities from their daily list. Reopening the welcome desk, manned by volunteers will allow us to do that. These volunteers will be the first face of greeting and hospitality to visitors and members alike when they enter the building during the work week.

Responsibilities will include but not limited to:

- Answering phones
- Receiving packages
- Directing visitors to appropriate desired locations
- Helping assemble visitor welcome bags
- Helping scan in church files to create digital records
- Have a great time serving the Lord by blessing the church and so much more!

Training will be provided, a lot of blessings will be received, contact Heather at heatherw@mylhmc.org or 210.733.7156 to sign up!

TRUNK OR TREAT BOOK GIVEAWAY

The Library Committee is accepting donations of new and gently-used children's books to give away at our annual Trunk or Treat event on October 26. You may leave your book donations at the reception desk or in the workroom of the office suite. Help us make sure that every child receives a book to go along with their Halloween treats!

Please contact Laura Healy if you have questions.



JOIN OUR CHURCH MICE TEAM!

Help us keep Laurel Heights in tip-top shape!

Show up on any Thursday morning at 9:30 for work, fun and fellowship.

Call John Tenison (210-287-4665) or Bill Myers (210-867-3377) for more info.



Church Calendar

Wednesday, September 24

9:00 a.m. Exercise Class - Room 305

7:00 p.m. Choir Rehearsal - Choir Room

Thursday, September 25

9:00 a.m. Church Mice

9:00 a.m. Walgreens Vaccination Clinic - Fellowship Hall

10:00 a.m. Super Adult Day - Fellowship Hall

6:00 p.m. Tai Chi - Room 312

Friday, September 26

9:00 a.m. Exercise Class - Room 305

Sunday, September 28

9:30 a.m. Fellowship - Fellowship Hall

10:00 a.m. Sunday School

11:00 a.m. Worship Service

Scripture - Mark 10:13-15

Monday, September 29

9:00 a.m. Exercise Class - Room 305

Wednesday, October 1 - Stewardship Month

9:00 a.m. Exercise Class - Room 305

7:00 p.m. Choir Rehearsal - Choir Room

Thursday, October 2

9:00 a.m. Church Mice

6:00 p.m. Tai Chi - Room 312

Friday, October 3

9:00 a.m. Exercise Class - Room 305

Saturday, October 4

3:00 p.m. Bread Baking for World Communion

5:00 p.m. Parents Night Out

Sunday, October 5

9:30 a.m. Fellowship Time - Fellowship Hall

10:00 a.m. Sunday School

10:00 a.m. Confirmation Information Session

11:00 a.m. Worship Service - Sanctuary

Scripture - John 6:32-35

12:00 p.m. United Women in Faith & Library

Comm. Presents *Traveling Mercies: Encounters with Asylum Seekers*

SAVE THE DATE

Walgreen Immunization Clinic

September 25th
9-11 a.m.

Fellowship Hall

Flu Shots will be available.

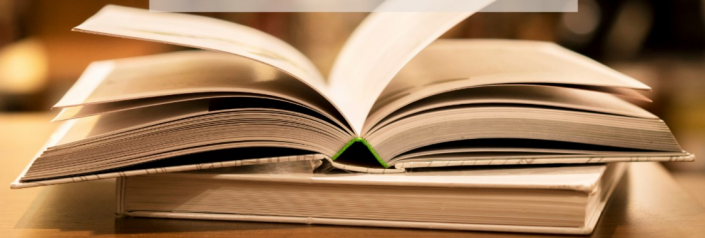


For more information, contact our Wesley Nurse, Yvonne Garcia at 210.733.7156

Come Visit Our Library!

located on the 3rd floor.

The library is regularly open on Sunday mornings and accessible by request during normal church office hours.



Prayer Requests

Lucien Manchester

Richard Parrigan

Bert Clayton

Elizabeth Diaz

Kay Craig

Ahmed Halim

Claire Riley

Lindsay Pease

Elmer Boone

Mary Helm

Kahlia Langram

Frieda Whitworth